

San Juan Unified School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/01/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN DRUMSTICK (TYSON)	1 EACH	100	220	530	19.0	6.0	13.0	3.00	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2	100	32	26	0.76	7.47	0.14	0.02	0.00
CS APPLES, SLICED(ELEMENTARY)	1/2 CUP	100	34	0	*N/A*	8.0	*N/A*	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
CS ROLL,MINI WHEAT (SHANNON'S)	1 EACH	100	80	130	2.0	15.0	1.0	0.00	0.00
Weighted Daily Average			496	846	*32.76	52.47	*16.64	4.52	0.00
% of Calories					*26.4%	42.3%	*30.2%	8.2%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

Wed - 09/02/2020									
CURBSIDE LUNCH	Total	100							
CS POPCRN CHICKEN & CRN STR	SVG (15 CHX &1S)	100	428	911	17.8	38.0	22.0	3.90	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	1.0	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			693	1087	*31.74	86.78	*25.79	5.43	*0.00
% of Calories					*18.3%	50.1%	*33.5%	7.1%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

Thu - 09/03/2020									
CURBSIDE LUNCH	Total	100							
SUNBUTTER SANDWICH, STRAWBERRY	1 EACH	100	310	320	9.0	32.0	15.0	2.00	0.00
GOLDFISH, CHEDDAR (CAMPBELL'S)	PACKAGE	100	100	170	2.0	14.0	4.0	0.50	0.00
CHEESE, STRING (LAND O LAKES)	1 EACH	100	60	200	7.0	1.0	3.0	2.00	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	100	40	10	0.0	9.0	0.0	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			710	861	*29.94	89.78	*24.79	6.04	*0.00
% of Calories					*16.9%	50.6%	*31.4%	7.6%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

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Base Menu Spreadsheet

CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/04/2020									
CURBSIDE LUNCH	Total	100							
NACHO PRETZL PCKT	1 EACH	100	360	600	19.0	38.0	16.0	8.00	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.75	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			664	901	*37.20	90.28	*19.54	9.53	*0.00
% of Calories					*22.4%	54.4%	*26.5%	12.9%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/08/2020									
CURBSIDE LUNCH	Total	100							
TORTILLA CHIPS (LA TAPATIA)	1 EACH	100	270	110	4.0	38.0	12.0	2.00	0.00
CHEESE DIP CUP	1 EACH	100	190	570	10.0	14.0	10.0	6.00	0.00
CHEESE, STRING (LAND O LAKES)	1 EACH	100	60	200	7.0	1.0	3.0	2.00	0.00
SALSA CUP	1 CUP	100	20	300	*N/A*	4.0	0.0	0.00	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.75	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			844	1481	*39.19	109.28	*28.54	11.53	*0.00
% of Calories					*18.6%	51.8%	*30.4%	12.3%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/09/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN PATTY MELT SANDWICH	1 EACH	100	440	1060	25.0	44.0	19.5	4.50	0.00
CS GREEN BEANS,CND(OTH)1/2 CUP	1/2 CUP	100	16	140	1.0	3.0	0.0	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			656	1361	*37.94	80.78	*22.29	6.03	*0.00
% of Calories					*23.1%	49.2%	*30.6%	8.3%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

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San Juan Unified School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/10/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN DRUMSTICK (TYSON)	1 EACH	100	220	530	19.0	6.0	13.0	3.00	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	100	10	10	1.06	1.8	0.12	0.02	0.00
CS APPLES, SLICED(ELEMENTARY)	1/2 CUP	100	34	0	*N/A*	8.0	*N/A*	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
CS ROLL,MINI WHEAT (SHANNON'S)	1 EACH	100	80	130	2.0	15.0	1.0	0.00	0.00
Weighted Daily Average			474	830	*33.06	46.80	*16.62	4.52	0.00
% of Calories					*27.9%	39.5%	*31.6%	8.6%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

Fri - 09/11/2020									
CURBSIDE LUNCH	Total	100							
WG GRILL CHEESE IW	1 EACH	100	280	581	18.55	30.96	9.91	5.56	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	1.0	0.00	0.00
JUICE, APPLE (suncup)	1 CARTON	100	60	5	*N/A*	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			535	761	*31.55	75.96	13.41	7.06	0.00
% of Calories					*23.6%	56.8%	22.5%	11.9%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

Mon - 09/14/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN PATTY MELT SANDWICH	1 EACH	100	440	1060	25.0	44.0	19.5	4.50	0.00
CS CELERY STIX (OTH)1/2 CUP	1/2 CUP	100	12	65	0.56	2.71	0.1	0.03	*N/A*
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			652	1286	*37.50	80.49	*22.39	6.06	*0.00
% of Calories					*23.0%	49.4%	*30.9%	8.4%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

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CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/15/2020									
CURBSIDE LUNCH	Total	100							
CS TURKEY HAM&CHEESE SNDWICH	1 EACH	100	307	927	23.33	34.67	10.33	4.00	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2	100	32	26	0.76	7.47	0.14	0.02	0.00
JUICE, APPLE (suncup)	1 CARTON	100	60	5	*N/A*	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			528	1117	*35.09	72.14	12.97	5.52	0.00
% of Calories					*26.6%	54.6%	22.1%	9.4%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/16/2020									
CURBSIDE LUNCH	Total	100							
TORTILLA CHIPS (LA TAPATIA)	1 EACH	100	270	110	4.0	38.0	12.0	2.00	0.00
CHEESE DIP CUP	1 EACH	100	190	570	10.0	14.0	10.0	6.00	0.00
CHEESE, STRING (LAND O LAKES)	1 EACH	100	60	200	7.0	1.0	3.0	2.00	0.00
SALSA CUP	1 CUP	100	20	300	*N/A*	4.0	0.0	0.00	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.75	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			844	1481	*39.19	109.28	*28.54	11.53	*0.00
% of Calories					*18.6%	51.8%	*30.4%	12.3%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/17/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN NUGGETS & ROLL	SVG (7 NG&1 RL)	100	444	690	24.4	37.4	22.0	3.50	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	1.0	0.00	0.00
CS APPLES, SLICED(ELEMENTARY)	1/2 CUP	100	34	0	*N/A*	8.0	*N/A*	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			673	865	*37.40	76.40	*25.50	5.00	0.00
% of Calories					*22.2%	45.4%	*34.1%	6.7%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

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Base Menu Spreadsheet

CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/18/2020									
CURBSIDE LUNCH	Total	100							
BEAN BURRITO (ARIZONA GOLD)	1 EACH	100	380	500	16.0	46.0	15.0	6.00	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	100	10	10	1.06	1.8	0.12	0.02	0.00
JUICE, APPLE (suncup)	1 CARTON	100	60	5	*N/A*	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			580	675	*28.06	77.80	17.62	7.52	0.00
% of Calories					*19.4%	53.7%	27.3%	11.7%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

Mon - 09/21/2020									
CURBSIDE LUNCH	Total	100							
CS PIZZA, CHEESE (WILD MIKES)	SLICE	100	360	510	20.0	34.0	17.0	8.00	0.00
CS BROCCOLI RAW (DKG) 1/2 CUP	1/2 CUP	100	10	10	1.06	1.8	0.12	0.02	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			570	681	*33.00	69.57	*19.91	9.55	*0.00
% of Calories					*23.2%	48.8%	*31.4%	15.1%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

Tue - 09/22/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN DRUMSTICK (TYSON)	1 EACH	100	220	530	19.0	6.0	13.0	3.00	0.00
CARROTS, 2.6 OZ PKG	2.6 OZ PK 1/2	100	32	26	0.76	7.47	0.14	0.02	0.00
CS APPLES, SLICED (ELEMENTARY)	1/2 CUP	100	34	0	*N/A*	8.0	*N/A*	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
CS ROLL, MINI WHEAT (SHANNON'S)	1 EACH	100	80	130	2.0	15.0	1.0	0.00	0.00
Weighted Daily Average			496	846	*32.76	52.47	*16.64	4.52	0.00
% of Calories					*26.4%	42.3%	*30.2%	8.2%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/23/2020									
CURBSIDE LUNCH	Total	100							
CS POPCRN CHICKEN & CRN STR	SVG (15 CHX & 1S)	100	428	911	17.8	38.0	22.0	3.90	0.00
CS CORN, CND (ST) 1/2 CUP	1/2 CUP	100	65	15	2.0	15.0	1.0	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			693	1087	*31.74	86.78	*25.79	5.43	*0.00
% of Calories					*18.3%	50.1%	*33.5%	7.1%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/24/2020									
CURBSIDE LUNCH	Total	100							
SUNBUTTER SANDWICH, STRAWBERRY	1 EACH	100	310	320	9.0	32.0	15.0	2.00	0.00
GOLDFISH, CHEDDAR (CAMPBELL'S)	PACKAGE	100	100	170	2.0	14.0	4.0	0.50	0.00
CHEESE, STRING (LAND O LAKES)	1 EACH	100	60	200	7.0	1.0	3.0	2.00	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	100	40	10	0.0	9.0	0.0	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			710	861	*29.94	89.78	*24.79	6.04	*0.00
% of Calories					*16.9%	50.6%	*31.4%	7.6%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/25/2020									
CURBSIDE LUNCH	Total	100							
NACHO PRETZL PCKT	1 EACH	100	360	600	19.0	38.0	16.0	8.00	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.75	0.00	0.00
JUICE, APPLE (suncup)	1 CARTON	100	60	5	*N/A*	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			654	905	*36.25	86.50	19.25	9.50	0.00
% of Calories					*22.2%	52.9%	26.5%	13.1%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

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CURBSIDE LUNCH

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/28/2020									
CURBSIDE LUNCH	Total	100							
CS TERIYAKI BEEF NUGGT & ROLLS	4 EA & 2 ROLL	100	320	700	18.0	36.0	10.0	3.50	0.50
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2	100	32	26	0.76	7.47	0.14	0.02	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			552	887	*30.70	77.25	*12.93	5.06	*0.50
% of Calories					*22.3%	56.0%	*21.1%	8.2%	*0.8%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/29/2020									
CURBSIDE LUNCH	Total	100							
TORTILLA CHIPS (LA TAPATIA)	1 EACH	100	270	110	4.0	38.0	12.0	2.00	0.00
CHEESE DIP CUP	1 EACH	100	190	570	10.0	14.0	10.0	6.00	0.00
CHEESE, STRING (LAND O LAKES)	1 EACH	100	60	200	7.0	1.0	3.0	2.00	0.00
SALSA CUP	1 CUP	100	20	300	*N/A*	4.0	0.0	0.00	0.00
CS BEAN VARIETY	1/2 CUP	100	104	140	6.25	18.5	0.75	0.00	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	100	70	1	*0.94	17.78	*0.29	0.04	*0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			844	1481	*39.19	109.28	*28.54	11.53	*0.00
% of Calories					*18.6%	51.8%	*30.4%	12.3%	*0.0%
Nutrient Guideline			600-650	1230				<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/30/2020									
CURBSIDE LUNCH	Total	100							
CS CHICKEN PATTY MELT SANDWICH	1 EACH	100	440	1060	25.0	44.0	19.5	4.50	0.00
CS GREEN BEANS,CND(OTH)1/2 CUP	1/2 CUP	100	16	140	1.0	3.0	0.0	0.00	0.00
JUICE, APPLE (suncup)	1 CARTON	100	60	5	*N/A*	14.0	0.0	0.00	0.00
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	100	130	160	11.0	16.0	2.5	1.50	0.00
Weighted Daily Average			646	1365	*37.00	77.00	22.00	6.00	0.00
% of Calories					*22.9%	47.7%	30.7%	8.4%	0.0%
Nutrient Guideline			600-650	1230				<10.00	

Weighted Average			644	1032	*34.34	80.80	*21.16	7.04	*0.02
					*21.3%	50.2%	*29.6%	9.9%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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San Juan Unified School District

Sep 1, 2020 thru Sep 30, 2020

Base Menu Spreadsheet

CURBSIDE LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)	
Calories	644		600 - 650	100%					
Sodium 1 (mg)	1032		1230						
Sodium 2 (mg)	1032		935				97		Correction Required - Sodium too High
Protein (g)	34.34	21.35%			Missing				
Carbohydrate (g)	80.80	50.22%							
Total Fat (g)	21.16	29.60%			Missing				
Saturated Fat (g)	7.04	9.85%	<10.00%						
Trans Fat ¹ (g)	0.02	0.03%			Missing				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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